



## Information on Facilitators/Trainers

JENGA VI Workshop on Relationships, Sexuality and Gender

26-27 February 2019, Nairobi

**Organized jointly by BMC/JENGA and the Catholic University of Eastern Africa (CUEA)  
Nairobi, Kenya**

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**Stephen ASATSA, PhD.** is a Co-Founder and Community Relations Director of BeautifulMind. He has a PhD in Counseling Psychology from the Catholic University of Eastern Africa (CUEA) where he is a lecturer. His research and practice is focused on trauma and grief. He is a global leader on the Student and Early Career Council (SECC) division of the Society for Research in Child Development (SRCD). He is also a member and one of the developing country fellows for the International Society for the Study of Behavioral Development (ISSBD). [Stephen@beautifulmind.cc](mailto:Stephen@beautifulmind.cc)



**Bonface BETI** is a passionate storyteller, theatre-maker, peacebuilder, trainer and researcher with international experience. He has spent almost a decade utilizing different artistic approaches including playback theatre, as a tool and space for peacebuilding with communities in Kenya, Sierra Leone, Burundi, Somalia, South Sudan, US and Canada. His work in the use of theatre for conflict transformation and youth violence prevention in Africa is featured at the Canadian Museum for Human Rights where he is recognized as one of leading global human rights campaigners. He holds two MA degrees, one in International Relations from the United States International University and Peace and Conflict Studies and one from the University of Manitoba in Canada.



**Dr. Med. Christine FRITZ** is specialized in Orthomolecular Medicine, Bio-identical Hormones, Stress Medicine, Addictions Treatment and Sexual Health. With a private practice in Germany, she also works for the Kusunagi Practice Addictions Clinic in Zurich.



**Ms. Julie GITHIRI-GOKO** is a Couple, Individual, and Adolescent Psychosexual Psychotherapist based in Hurlingham, Nairobi (Kenya). She has a background in Mental health Nursing, Sexual health, Training and Teaching adults and adolescents. She writes a monthly column for Couture Magazine. <http://www.coutureafricamag.com/>



**Elizabeth LEUENBERGER** has an M.A. in Depth Psychology/Jungian and Archetypal Studies, is working on her PhD at Pacifica Graduate Institute in California and is a Training Candidate at the CG Jung Institute of Analytical Psychology in Zürich (Switzerland). She is interested in the healing power of music and presented this topic at the JENGA III Workshop in Nairobi in 2016.



**Andreas MICHEL, PhD.** has a Diploma from the CG Jung Institute of Analytical Psychology in Zürich, a PhD in Political Science, an M.Sc. in Psychology and an MA in History, Political Science and International Law. Formerly working in the financial sector in country risk assessment and public policy, he is now nearly 20 years in private practice as a Psychotherapist and Psychoanalyst, working with adults and couples. He is also a Training Analyst, Supervisor and Teacher at the C.G. Jung Institute in Zürich.



**Iregi MWENJA** left a well-paying job as a Country Director of an International NGO to establish a MHPSS non-profit [Psychiatric Disability Organization](#) (PDO) through which he runs the Nakuru Women's Mental Health Project. He is also an Acumen Fellow (2018). PDO works to foster mental healthcare and advance the rights of people with mental illness through advocacy, providing free therapy and promoting socio-economic empowerment for people living with psychosocial disabilities.



**Dr. Med. Dorothea MÜLLER** is the Chief Psychiatrist of the CG Jung Ambulatorium and a lecturer at the CG Jung Institute of Analytical Psychology, Zürich (Switzerland), specializing in Gender Dysphoria and Trauma Therapy. She is a Member of the International Advisory Board of BeautifulMind and a Volunteer for the Psychiatric Disability Organisation's (PDO) Nakuru Women's Prison Mental Health Project (Kenya) <http://www.pdokenya.org/>



**Annika OUKO** is a Co-Founder and Communications Director of BeautifulMind. She is currently a Master's student in Counseling Psychology at Catholic University of Eastern Africa (CUEA). She has experience in addiction counseling and currently works as a Kindergarten Teacher at the German School of Nairobi. She also runs a children's home in Nairobi.

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**Constance TIPIS** is a Co-Founder and Finance Director of BeautifulMind. She has experience as a drug and addiction counselor and is currently a Master's student in Clinical Psychology at the United States International University – Africa (USIU-A). She is also a Co-Founding Director of DoubleDees, a womens' inner wear design company.

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**Brinda WACHS** is the Founder and Executive Director of *BeautifulMind Consultants, Ltd* and its training arm *JENGA: The East Africa Psycho-Social Network*. Formerly the Focal Point for Peacebuilding at the UNECE and an Advisor to the UNHCR in Geneva, she has a Diploma from the CG Jung Institute of Analytical Psychology and is now a Psychoanalyst and Psychotherapist for children and adults at the CG Jung Ambulatorium in Zürich. [Brinda@beautifulmind.cc](mailto:Brinda@beautifulmind.cc).