



## Information on Facilitators/Trainers

JENGA VII Workshop: YOUTH 2020  
Children & Adolescent Psychology & Expressive Arts  
26-27 February 2020, Kayana, Chania Ave. Kilimani, Nairobi (Kenya)  
(version 12 Feb 2020)



**Dr. Stephen ASATSA**, is a Co-Director of the JENGA Non-Profit Community Based Organisation and Co-Founder/Community Relations Director of BeautifulMind. He is a PhD. and Lecturer in Counseling Psychology at the Catholic University of Eastern Africa (CUEA) in Nairobi. His research is focused on trauma and grief. He is a global leader on the Student and Early Career Council (SECC) division of the Society for Research in Child Development (SRCD). He is also a member and a Developing Country Fellow for the International Society for the Study of Behavioral Development (ISSBD). [Stephen@beautifulmind.cc](mailto:Stephen@beautifulmind.cc)



**Selma ESSER** has an MA in European Studies from the University of Maastricht (Netherlands) where her research focused on The Phenomena of Social Conflicts. Her current interests are Health and Social Equality. She has worked with youth in South Africa, refugees in the Netherlands and women in the Turkish Republic of Northern Cyprus. She will be studying Psychology at the University of Edinburgh (Scotland) beginning in Fall 2020. [selma.esser@alumni.maastrichtuniversity.nl](mailto:selma.esser@alumni.maastrichtuniversity.nl)



**Dr. Med. Christine FRITZ** is a specialist in Stress Medicine, Orthomolecular and Mitochondrial Medicine, Bio-identical Hormones and Addictions Treatment. With a private practice in Germany, she also works as the leading doctor in the Centre for Integrative Medicine in Zürich (Switzerland). Mindful that adult conditions often originate in prenatal and early childhood, she has been exploring the brain chemistry and physiology to get a better understanding of symptoms, emotional disturbances, psychiatric diseases and behaviour. [praxis-cefritz@gmx.de](mailto:praxis-cefritz@gmx.de)



**Dr. Med. Stephan KUPFERSCHMID** is a specialist in Child and Adolescent Psychiatry and Psychotherapy, Head Physician of the Department of Adolescent and Young Adult Psychiatry and Psychotherapy in Winterthur, Switzerland. His main fields of expertise are: children with mentally ill parents, suicide prevention, early intervention and treatment of psychosis. [Stephan.Kupferschmid@ipw.ch](mailto:Stephan.Kupferschmid@ipw.ch)



**Bernice NDERITU** is an independent consultant with 11 years of experience in MHPSS and Child Protection. She has a BA in Psychology and MA in Child Development (Daystar University) and a Doctorate in Clinical Psychology (Candidate, United States International University-Africa). Her work experience includes psychological evaluations and behavioral interventions in New York, USA; psychotherapy for individuals and groups in Kenya, life skills training for youth and policy engagement and advocacy with the Government of Kenya. She is a member of the American Psychological Association (APA), Association for Behavior Analysis International (ABAI), and Society for Research in Child Development  
[bernice@niselagroup.co.ke](mailto:bernice@niselagroup.co.ke)



**Jun SHIMIZU** is a Los Angeles-based Director, Editor and Actor. He has a BA from New York University's (NYU) Tisch School of the Arts with a major in Film Production and a minor in Child and Adolescent Mental Health Studies. In 2019, Jun co-directed *Speak Easy, B.* - a surreal experimental LGBTQ short that won the Los Angeles Pacific Film Festival's *Linda Mabalot New Directors/New Visions Award*. Previously he worked for the Asia/Pacific Cultural Centre of UNESCO, TK Digital, Wondros, Zambezi and Netflix and taught English to Japanese children at a Buddhist temple in Kyushu. [Jun@memorylines.com](mailto:Jun@memorylines.com)



**Constance TIPIS** is a Co-Director of the JENGA Non-Profit Community Based Organization and Co-Founder/Finance Director of BeautifulMind. She has experience as a drug and addiction counselor and is currently an MA student in Clinical Psychology at the United States International University – Africa (USIU-A). She is also an entrepreneur and Co-Founding Director of DoubleDees, a womens' inner wear design company. [Constance@beautifulmind.cc](mailto:Constance@beautifulmind.cc)



**Shula VAN BUREN** is a Los Angeles-based Dancer, Yogi and Artist as well as a Hairdresser and Colorist. Formerly she was a Film Actress and Singer and studied acting in New York and Los Angeles. From a family of artists, she believes in healing through expressive arts, in particular the power of movement and dance. [shulavanburen@gmail.com](mailto:shulavanburen@gmail.com)



**Brinda WACHS** is the Executive Director of BeautifulMind and a Founding Member of the JENGA Non-Profit Community Based Organization. She is a Jungian Psychotherapist and Psychoanalyst working with Children, Adolescents, Adults and Couples. Formerly Focal Point for Peacebuilding at the UNECE in Geneva and an Advisor to the UNHCR in Kenya, she lives in Zürich (Switzerland) and France and is available for psychotherapy in person and by Skype. [Brinda@beautifulmind.cc](mailto:Brinda@beautifulmind.cc)